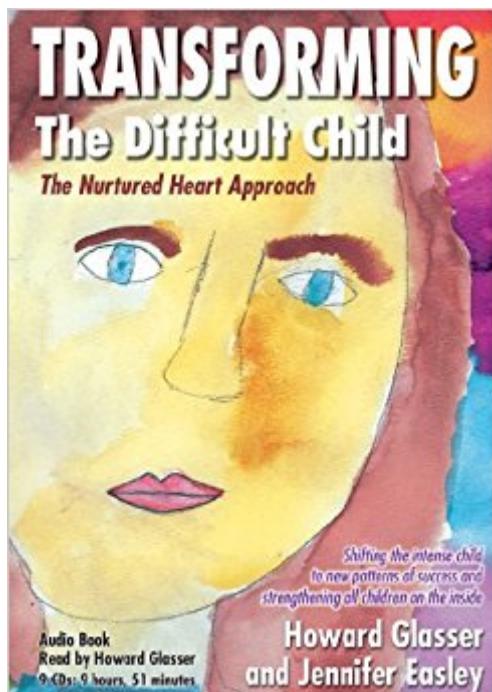


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# Transforming The Difficult Child - The Nurtured Heart Approach - Audio Book



## **Synopsis**

Transforming the Difficult Child brings to life a new way of shifting intense children to a solid life of success. The Nurtured Heart Approach puts a refreshing spin on both parenting and teaching and reveals new techniques and strategies that create thoroughly positive behaviors. This is Howard Glasser's 2012 reading of the updated 2008 revision of his bestselling book on difficult children. The Nurtured Heart Approach gives parents, therapists and teachers an absolutely clear understanding of how challenging children respond to normal ways of parenting and teaching and why these traditional methods actually make the situation worse. It also provides a powerful set of strategies designed specifically to turn the challenging child around to a new pattern of success. Using this approach, it is easy to shift the difficult child to being a cooperative child who uses his or her intensity in entirely positive and creative ways.

## **Book Information**

Audio CD: 272 pages

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## **Customer Reviews**

This is absolutely the most worthwhile information I have ever learned. My hyperactive child is now my amazing child. --Parent/Therapist I have read dozens of books, tried dozens of programs with no change in my child's behavior what so ever. This book has changed our lives! We started implementing the steps and the very first day we saw a change in our child. Life has become pleasant and peaceful without any compromises. Our child is helpful, considerate and no longer talks back. He does his chores before we ask him and his room has stayed clean for three weeks without any nagging!!!! I highly recommend this book to anyone with a difficult child!

--Parent/Educator Our child was in therapy for years. The more she got in touch with her feelings, the more she seemed to take her anger out on us. It's hard to believe, but after applying these

strategies for less than a month, my difficult teenage daughter is now a cooperative and pleasant young person. --Parent I have read dozens of books, tried dozens of programs with no change in my child's behavior what so ever. This book has changed our lives! We started implementing the steps and the very first day we saw a change in our child. Life has become pleasant and peaceful without any compromises. Our child is helpful, considerate and no longer talks back. He does his chores before we ask him and his room has stayed clean for three weeks without any nagging!!!! I highly recommend this book to anyone with a difficult child! --Parent/Educator Our child was in therapy for years. The more she got in touch with her feelings, the more she seemed to take her anger out on us. It's hard to believe, but after applying these strategies for less than a month, my difficult teenage daughter is now a cooperative and pleasant young person. --Parent

The Nurtured Heart Approach is an amazing set of strategies developed specifically for children with ADHD and other challenging behaviors to facilitate parenting and classroom success. These methods have helped thousands of families to transform their child from using their intensity in primarily negative ways to using their intensity in beautifully creative and constructive ways. This approach has also helped teachers and other school personnel to have a dramatically positive effect on all children. Most ordinary methods of parenting and teaching inadvertently backfire when applied to ADHD and other challenging children, despite the best of intentions. Most methods accidentally reward children by giving far more energy to children when things are going wrong. The Nurtured Heart Approach is a powerful and quick way to create a new scenario of success. This approach is fully described in the new book, *Transforming the Difficult Child, The Nurtured Heart Approach*. --This text refers to an out of print or unavailable edition of this title.

I love the concepts in this book! One concept that had never occurred to me before reading this book but that now haunts me is the idea that we ignore our kids when they are being well behaved and yell at them when they are not--not a very good basis for a healthy relationship. This book is all about creating relationship through positive interactions with children. I read this book shortly after reading "The Kazdin Method" which has striking similarities. Although I liked the concepts in "The Nurtured Heart Approach" better, it's hard to beat the clear, concise, logical way in which the concepts are presented in "The Kazdin Method." "The Kazdin Method" is better for younger children; I would say 8 and younger, especially if there are specific behaviors you are trying to target. "The Nurtured Heart" approach is more broadly applied but also focuses on ADHD kids. I just wish "The Nurtured Heart Approach" were as easy to follow as "The Kazdin Method." I would

recommend NOT buying the audio CD. It's not a recording of the book. It's a recording of a seminar Howard Glasser gave and it omits the video clips and the slide show that I think are helpful in understanding his approach. I listened to the CD and then had to buy the book to get it. Now I listen to the CD for a refresher.

I absolutely love the method in this book. I find it helps so much with my intense child. Yes, it requires quite a bit of effort. But I'd rather spend my energy positively than negatively, and that's really what it comes down to. The book is well written, and the information is explained in layman's terms. The author explains not only what you're doing and how you're doing it but also why. I think this helps motivate you to follow the recommendations in the book.

This book saved my son and my sanity. I tried all the other typical parenting approaches and none of them worked. This is the only thing that got through to my son and transformed our relationship.

The advice in this book helped me to better understand my son. I have read 5 other books and tried implementing their plan....which didn't work for my son. I am so grateful for this book, such a different way of thinking and turning the downward spiral around! Wonderful! I am grateful!

Just getting started but have already incorporated a couple of ideas...very encouraged!  
Recommended by a friend and I recommend too!

Great book , definitely helped my parenting skills!!!

Excellent resource with practical ideas for helping parents and educators deal with high energy kids! I highly recommend this book for anyone struggling to help their child deal with behavior issues. This should be a required reading for all teachers!!

Love this book! It is easy to read and understand and implement! It made a huge difference in my child with ADHD and Sensory Processing Disorder.

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